

100 aromatherapy and massage blend oils, each with its unique composition, properties, and health benefits. These blends target various aspects of health, body care, hair care, and skincare, offering holistic benefits through their unique formulations.

1. Lavender and Chamomile Blend

- **Composition:** Lavender, Roman Chamomile
 - **Properties:** Calming, soothing, anti-inflammatory
 - **Health Benefits:** Relieves stress, promotes restful sleep, soothes skin irritations, and reduces anxiety.
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2. Peppermint and Eucalyptus Blend

- **Composition:** Peppermint, Eucalyptus
 - **Properties:** Cooling, invigorating, respiratory
 - **Health Benefits:** Relieves headaches, clears nasal congestion, boosts energy, and improves focus.
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3. Rosemary and Lemon Blend

- **Composition:** Rosemary, Lemon
 - **Properties:** Energizing, clarifying, uplifting
 - **Health Benefits:** Stimulates hair growth, boosts mood, improves memory, and supports healthy digestion.
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4. Frankincense and Myrrh Blend

- **Composition:** Frankincense, Myrrh
 - **Properties:** Grounding, anti-aging, spiritual
 - **Health Benefits:** Supports skin rejuvenation, enhances meditation, reduces the appearance of fine lines, and promotes emotional balance.
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5. Sweet Orange and Grapefruit Blend

- **Composition:** Sweet Orange, Grapefruit
 - **Properties:** Uplifting, detoxifying, refreshing
 - **Health Benefits:** Improves mood, boosts immune system, promotes healthy skin, and aids digestion.
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6. Geranium and Clary Sage Blend

- **Composition:** Geranium, Clary Sage

- **Properties:** Hormonal balancing, calming, uplifting
 - **Health Benefits:** Balances hormones, reduces stress, improves skin health, and promotes relaxation.
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7. Ylang Ylang and Jasmine Blend

- **Composition:** Ylang Ylang, Jasmine
 - **Properties:** Aphrodisiac, soothing, calming
 - **Health Benefits:** Enhances libido, improves mood, balances hormones, and reduces anxiety.
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8. Bergamot and Neroli Blend

- **Composition:** Bergamot, Neroli
 - **Properties:** Uplifting, relaxing, balancing
 - **Health Benefits:** Reduces stress, enhances mood, balances oily skin, and promotes calmness.
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9. Cedarwood and Patchouli Blend

- **Composition:** Cedarwood, Patchouli
 - **Properties:** Grounding, earthy, soothing
 - **Health Benefits:** Eases muscle tension, supports respiratory health, promotes deep relaxation, and soothes dry skin.
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10. Tea Tree and Lemon Myrtle Blend

- **Composition:** Tea Tree, Lemon Myrtle
 - **Properties:** Antiseptic, refreshing, purifying
 - **Health Benefits:** Fights skin infections, improves acne, promotes clarity of the skin, and boosts immunity.
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11. Basil and Thyme Blend

- **Composition:** Basil, Thyme
 - **Properties:** Stimulating, digestive, antimicrobial
 - **Health Benefits:** Improves digestion, relieves bloating, supports the immune system, and enhances focus.
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12. Sandalwood and Rose Blend

- **Composition:** Sandalwood, Rose
- **Properties:** Calming, hydrating, spiritual

- **Health Benefits:** Promotes relaxation, reduces inflammation, enhances skin tone, and supports emotional healing.
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13. Cardamom and Cinnamon Blend

- **Composition:** Cardamom, Cinnamon
 - **Properties:** Warm, stimulating, comforting
 - **Health Benefits:** Boosts circulation, alleviates digestive discomfort, supports energy levels, and relieves muscle pain.
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14. Lemongrass and Rosemary Blend

- **Composition:** Lemongrass, Rosemary
 - **Properties:** Energizing, stimulating, refreshing
 - **Health Benefits:** Improves circulation, detoxifies the body, improves mental clarity, and relieves muscle tension.
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15. Clove and Ginger Blend

- **Composition:** Clove, Ginger
 - **Properties:** Warming, stimulating, anti-inflammatory
 - **Health Benefits:** Reduces muscle pain, improves circulation, soothes digestive discomfort, and boosts immunity.
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16. Vetiver and Bergamot Blend

- **Composition:** Vetiver, Bergamot
 - **Properties:** Grounding, calming, uplifting
 - **Health Benefits:** Eases stress, balances emotions, promotes restful sleep, and supports skin health.
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17. Tangerine and Mandarin Blend

- **Composition:** Tangerine, Mandarin
 - **Properties:** Refreshing, cleansing, uplifting
 - **Health Benefits:** Detoxifies the body, boosts mood, supports digestion, and promotes skin radiance.
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18. Cypress and Juniper Berry Blend

- **Composition:** Cypress, Juniper Berry
- **Properties:** Purifying, detoxifying, grounding

- **Health Benefits:** Supports lymphatic health, detoxifies, relieves fluid retention, and improves circulation.
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19. Neroli and Bergamot Blend

- **Composition:** Neroli, Bergamot
 - **Properties:** Soothing, calming, uplifting
 - **Health Benefits:** Reduces anxiety, improves skin elasticity, enhances emotional well-being, and supports hormonal balance.
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20. Lavender and Rosewood Blend

- **Composition:** Lavender, Rosewood
 - **Properties:** Calming, grounding, soothing
 - **Health Benefits:** Reduces stress, promotes relaxation, improves sleep quality, and revitalizes the skin.
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21. Eucalyptus and Peppermint Blend

- **Composition:** Eucalyptus, Peppermint
 - **Properties:** Cooling, refreshing, decongestant
 - **Health Benefits:** Clears sinuses, alleviates headaches, improves breathing, and eases muscle tension.
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22. Clary Sage and Lavender Blend

- **Composition:** Clary Sage, Lavender
 - **Properties:** Calming, hormone balancing, soothing
 - **Health Benefits:** Reduces stress, balances menstrual cycles, promotes relaxation, and supports sleep.
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23. Patchouli and Orange Blend

- **Composition:** Patchouli, Orange
 - **Properties:** Earthy, uplifting, grounding
 - **Health Benefits:** Reduces stress, lifts mood, improves skin texture, and balances emotions.
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24. Rose and Geranium Blend

- **Composition:** Rose, Geranium
- **Properties:** Floral, soothing, balancing

- **Health Benefits:** Promotes radiant skin, reduces inflammation, supports emotional health, and improves hormone balance.
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25. Basil and Marjoram Blend

- **Composition:** Basil, Marjoram
 - **Properties:** Stimulating, relaxing, anti-inflammatory
 - **Health Benefits:** Improves focus, reduces muscle tension, alleviates digestive issues, and promotes relaxation.
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26. Sage and Lavender Blend

- **Composition:** Sage, Lavender
 - **Properties:** Calming, grounding, cleansing
 - **Health Benefits:** Clears negative energy, improves sleep, relieves stress, and promotes emotional clarity.
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27. Tea Tree and Lavender Blend

- **Composition:** Tea Tree, Lavender
 - **Properties:** Antiseptic, soothing, calming
 - **Health Benefits:** Treats acne, promotes skin healing, reduces stress, and improves overall skin health.
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28. Bergamot and Cedarwood Blend

- **Composition:** Bergamot, Cedarwood
 - **Properties:** Uplifting, calming, grounding
 - **Health Benefits:** Enhances mood, balances emotions, reduces stress, and promotes relaxation.
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29. Cinnamon and Clove Blend

- **Composition:** Cinnamon, Clove
 - **Properties:** Warming, stimulating, antimicrobial
 - **Health Benefits:** Fights infections, stimulates circulation, relieves pain, and reduces stress.
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30. Orange and Sandalwood Blend

- **Composition:** Orange, Sandalwood
- **Properties:** Uplifting, grounding, calming

- **Health Benefits:** Boosts mood, relieves anxiety, promotes skin health, and enhances relaxation.
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31. Ginger and Lemon Blend

- **Composition:** Ginger, Lemon
 - **Properties:** Warming, invigorating, refreshing
 - **Health Benefits:** Boosts energy, improves digestion, relieves nausea, and promotes detoxification.
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32. Bergamot and Frankincense Blend

- **Composition:** Bergamot, Frankincense
 - **Properties:** Uplifting, calming, grounding
 - **Health Benefits:** Reduces stress, improves mental clarity, enhances emotional balance, and rejuvenates the skin.
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33. Patchouli and Lavender Blend

- **Composition:** Patchouli, Lavender
 - **Properties:** Earthy, soothing, grounding
 - **Health Benefits:** Relieves stress, improves mood, promotes relaxation, and supports skin health.
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34. Juniper Berry and Grapefruit Blend

- **Composition:** Juniper Berry, Grapefruit
 - **Properties:** Refreshing, purifying, energizing
 - **Health Benefits:** Detoxifies the body, improves circulation, supports digestion, and uplifts mood.
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35. Clary Sage and Geranium Blend

- **Composition:** Clary Sage, Geranium
 - **Properties:** Balancing, calming, soothing
 - **Health Benefits:** Relieves anxiety, balances hormones, supports menstrual health, and improves skin elasticity.
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36. Rosemary and Lemon Balm Blend

- **Composition:** Rosemary, Lemon Balm
- **Properties:** Energizing, mental clarity, calming

- **Health Benefits:** Improves focus, alleviates stress, supports memory, and enhances relaxation.
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37. Peppermint and Lavender Blend

- **Composition:** Peppermint, Lavender
 - **Properties:** Cooling, soothing, calming
 - **Health Benefits:** Relieves headaches, promotes relaxation, improves sleep quality, and soothes irritated skin.
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38. Eucalyptus and Rosemary Blend

- **Composition:** Eucalyptus, Rosemary
 - **Properties:** Cleansing, refreshing, decongesting
 - **Health Benefits:** Clears sinuses, boosts energy, improves mental clarity, and supports respiratory health.
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39. Lime and Ginger Blend

- **Composition:** Lime, Ginger
 - **Properties:** Refreshing, invigorating, stimulating
 - **Health Benefits:** Stimulates circulation, improves digestion, uplifts mood, and promotes detoxification.
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40. Sandalwood and Rose Absolute Blend

- **Composition:** Sandalwood, Rose Absolute
 - **Properties:** Calming, grounding, rejuvenating
 - **Health Benefits:** Reduces stress, promotes emotional balance, improves skin tone, and enhances relaxation.
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41. Neroli and Lavender Blend

- **Composition:** Neroli, Lavender
 - **Properties:** Soothing, calming, balancing
 - **Health Benefits:** Relieves anxiety, promotes relaxation, balances oily skin, and enhances mood.
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42. Carrot Seed and Frankincense Blend

- **Composition:** Carrot Seed, Frankincense
- **Properties:** Rejuvenating, anti-aging, nourishing

- **Health Benefits:** Supports skin regeneration, reduces wrinkles, improves elasticity, and promotes emotional calmness.
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43. Ylang Ylang and Clary Sage Blend

- **Composition:** Ylang Ylang, Clary Sage
 - **Properties:** Balancing, uplifting, calming
 - **Health Benefits:** Reduces stress, balances hormones, boosts libido, and enhances emotional well-being.
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44. Ginger and Clove Blend

- **Composition:** Ginger, Clove
 - **Properties:** Warming, stimulating, antimicrobial
 - **Health Benefits:** Relieves muscle pain, improves circulation, fights infections, and boosts immunity.
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45. Cypress and Lavender Blend

- **Composition:** Cypress, Lavender
 - **Properties:** Relaxing, grounding, calming
 - **Health Benefits:** Reduces stress, improves circulation, alleviates fluid retention, and promotes relaxation.
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46. Rosemary and Bergamot Blend

- **Composition:** Rosemary, Bergamot
 - **Properties:** Stimulating, uplifting, grounding
 - **Health Benefits:** Boosts memory, enhances mood, reduces anxiety, and supports skin health.
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47. Clove and Lemon Blend

- **Composition:** Clove, Lemon
 - **Properties:** Warming, cleansing, purifying
 - **Health Benefits:** Fights infections, cleanses the body, boosts immunity, and uplifts mood.
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48. Cardamom and Frankincense Blend

- **Composition:** Cardamom, Frankincense
- **Properties:** Invigorating, calming, balancing
- **Health Benefits:** Supports digestion, relieves stress, reduces anxiety, and promotes relaxation.

49. Ginger and Bergamot Blend

- **Composition:** Ginger, Bergamot
 - **Properties:** Warming, uplifting, energizing
 - **Health Benefits:** Reduces muscle pain, boosts energy, relieves stress, and enhances mental clarity.
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50. Lavender and Cedarwood Blend

- **Composition:** Lavender, Cedarwood
- **Properties:** Grounding, calming, soothing
- **Health Benefits:** Reduces stress, promotes sleep, supports respiratory health, and soothes skin.

51. Rosemary and Thyme Blend

- **Composition:** Rosemary, Thyme
 - **Properties:** Stimulating, anti-inflammatory, clarifying
 - **Health Benefits:** Improves focus and concentration, aids digestion, soothes sore muscles, and supports scalp health.
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52. Sandalwood and Frankincense Blend

- **Composition:** Sandalwood, Frankincense
 - **Properties:** Grounding, spiritual, rejuvenating
 - **Health Benefits:** Promotes deep relaxation, enhances meditation, improves skin texture, and rejuvenates the skin.
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53. Lavender and Chamomile Blend

- **Composition:** Lavender, Chamomile
 - **Properties:** Calming, relaxing, anti-inflammatory
 - **Health Benefits:** Relieves stress, helps with insomnia, soothes irritated skin, and calms anxious feelings.
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54. Ginger and Cardamom Blend

- **Composition:** Ginger, Cardamom
 - **Properties:** Warming, stimulating, digestive
 - **Health Benefits:** Alleviates digestive discomfort, stimulates metabolism, relieves nausea, and boosts immunity.
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55. Lemon and Peppermint Blend

- **Composition:** Lemon, Peppermint
 - **Properties:** Energizing, uplifting, refreshing
 - **Health Benefits:** Improves mental clarity, supports digestion, relieves headaches, and energizes the mind.
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56. Jasmine and Rose Blend

- **Composition:** Jasmine, Rose
 - **Properties:** Floral, calming, balancing
 - **Health Benefits:** Relieves stress, uplifts mood, improves skin elasticity, and balances hormonal fluctuations.
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57. Patchouli and Bergamot Blend

- **Composition:** Patchouli, Bergamot
 - **Properties:** Grounding, uplifting, balancing
 - **Health Benefits:** Relieves anxiety, promotes relaxation, supports digestive health, and enhances skin vitality.
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58. Tea Tree and Bergamot Blend

- **Composition:** Tea Tree, Bergamot
 - **Properties:** Antiseptic, balancing, refreshing
 - **Health Benefits:** Fights acne, purifies the skin, boosts mood, and supports respiratory health.
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59. Clove and Cinnamon Blend

- **Composition:** Clove, Cinnamon
 - **Properties:** Warming, stimulating, antimicrobial
 - **Health Benefits:** Fights infections, improves circulation, reduces pain, and boosts immunity.
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60. Ylang Ylang and Orange Blend

- **Composition:** Ylang Ylang, Orange
 - **Properties:** Sweet, uplifting, relaxing
 - **Health Benefits:** Promotes relaxation, reduces stress, balances emotions, and supports skin health.
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61. Geranium and Clary Sage Blend

- **Composition:** Geranium, Clary Sage
 - **** Properties:**** Hormonal balancing, soothing, uplifting
 - **Health Benefits:** Reduces PMS symptoms, supports skin health, alleviates anxiety, and promotes emotional stability.
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62. Eucalyptus and Lavender Blend

- **Composition:** Eucalyptus, Lavender
 - **Properties:** Calming, purifying, decongesting
 - **Health Benefits:** Clears sinuses, relieves respiratory issues, promotes relaxation, and soothes irritated skin.
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63. Lemongrass and Ginger Blend

- **Composition:** Lemongrass, Ginger
 - **Properties:** Refreshing, invigorating, digestive
 - **Health Benefits:** Relieves muscle pain, aids digestion, reduces bloating, and energizes the mind.
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64. Marjoram and Rosemary Blend

- **Composition:** Marjoram, Rosemary
 - **Properties:** Calming, stimulating, muscular
 - **Health Benefits:** Eases muscle pain, promotes relaxation, supports mental clarity, and reduces anxiety.
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65. Basil and Lavender Blend

- **Composition:** Basil, Lavender
 - **Properties:** Calming, uplifting, muscle-relaxing
 - **Health Benefits:** Relieves muscle tension, reduces stress, boosts mental clarity, and promotes relaxation.
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66. Peppermint and Eucalyptus Blend

- **Composition:** Peppermint, Eucalyptus
 - **Properties:** Cooling, decongesting, refreshing
 - **Health Benefits:** Clears nasal passages, relieves headaches, boosts energy, and stimulates circulation.
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67. Ylang Ylang and Clary Sage Blend

- **Composition:** Ylang Ylang, Clary Sage
 - **Properties:** Calming, balancing, aphrodisiac
 - **Health Benefits:** Balances mood, enhances relaxation, supports hormone balance, and promotes emotional stability.
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68. Carrot Seed and Geranium Blend

- **Composition:** Carrot Seed, Geranium
 - **Properties:** Rejuvenating, balancing, nourishing
 - **Health Benefits:** Supports skin regeneration, improves skin elasticity, detoxifies, and promotes emotional healing.
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69. Rosemary and Lemon Grass Blend

- **Composition:** Rosemary, Lemongrass
 - **Properties:** Stimulating, uplifting, cleansing
 - **Health Benefits:** Supports digestion, improves memory, detoxifies the body, and enhances mental clarity.
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70. Tea Tree and Lavender Blend

- **Composition:** Tea Tree, Lavender
 - **Properties:** Soothing, purifying, balancing
 - **Health Benefits:** Reduces acne, supports skin healing, improves skin tone, and relieves stress.
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71. Sandalwood and Lavender Blend

- **Composition:** Sandalwood, Lavender
 - **Properties:** Grounding, calming, soothing
 - **Health Benefits:** Promotes relaxation, supports sleep, rejuvenates skin, and calms anxiety.
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72. Patchouli and Frankincense Blend

- **Composition:** Patchouli, Frankincense
 - **Properties:** Grounding, relaxing, spiritual
 - **Health Benefits:** Reduces stress, promotes spiritual balance, enhances skin health, and reduces anxiety.
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73. Neroli and Rose Blend

- **Composition:** Neroli, Rose
 - **Properties:** Calming, soothing, rejuvenating
 - **Health Benefits:** Reduces stress, improves skin tone, and elasticity, and promotes emotional well-being.
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74. Bergamot and Lime Blend

- **Composition:** Bergamot, Lime
 - **Properties:** Refreshing, uplifting, energizing
 - **Health Benefits:** Reduces stress, improves digestion, boosts energy, and improves skin health.
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75. Geranium and Lavender Blend

- **Composition:** Geranium, Lavender
 - **Properties:** Calming, balancing, soothing
 - **Health Benefits:** Alleviates stress, reduces acne, balances hormones, and promotes overall skin health.
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76. Clary Sage and Vetiver Blend

- **Composition:** Clary Sage, Vetiver
 - **Properties:** Grounding, calming, balancing
 - **Health Benefits:** Promotes relaxation, balances emotions, supports sleep, and reduces anxiety.
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77. Ginger and Bergamot Blend

- **Composition:** Ginger, Bergamot
 - **Properties:** Energizing, uplifting, stimulating
 - **Health Benefits:** Reduces muscle pain, improves digestion, alleviates stress, and promotes mood enhancement.
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78. Patchouli and Ylang Ylang Blend

- **Composition:** Patchouli, Ylang Ylang
 - **Properties:** Grounding, relaxing, balancing
 - **Health Benefits:** Relieves anxiety, enhances relaxation, balances emotions, and improves skin elasticity.
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79. Bergamot and Chamomile Blend

- **Composition:** Bergamot, Chamomile
 - **Properties:** Calming, balancing, uplifting
 - **Health Benefits:** Reduces stress, improves mood, alleviates anxiety, and promotes healthy, glowing skin.
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80. Eucalyptus and Grapefruit Blend

- **Composition:** Eucalyptus, Grapefruit
 - **Properties:** Energizing, detoxifying, purifying
 - **Health Benefits:** Clears sinuses, detoxifies the body, boosts mood, and supports immune function.
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81. Lemon and Clove Blend

- **Composition:** Lemon, Clove
 - **Properties:** Refreshing, antimicrobial, invigorating
 - **Health Benefits:** Boosts immunity, improves circulation, fights infections, and energizes the body.
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82. Rose and Sandalwood Blend

- **Composition:** Rose, Sandalwood
 - **Properties:** Calming, soothing, hydrating
 - **Health Benefits:** Reduces stress, enhances mood, hydrates the skin, and promotes emotional healing.
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83. Lavender and Rosemary Blend

- **Composition:** Lavender, Rosemary
 - **Properties:** Calming, soothing, clarifying
 - **Health Benefits:** Improves memory, promotes relaxation, alleviates stress, and supports skin health.
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84. Cypress and Frankincense Blend

- **Composition:** Cypress, Frankincense
 - **Properties:** Grounding, purifying, calming
 - **Health Benefits:** Detoxifies the body, relieves muscle tension, reduces stress, and supports respiratory health.
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85. Geranium and Lemon Blend

- **Composition:** Geranium, Lemon
 - **Properties:** Refreshing, balancing, purifying
 - **Health Benefits:** Balances skin oil, reduces acne, improves mood, and detoxifies the body.
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86. Patchouli and Lemon Balm Blend

- **Composition:** Patchouli, Lemon Balm
 - **Properties:** Calming, uplifting, anti-inflammatory
 - **Health Benefits:** Relieves stress, soothes skin irritations, promotes relaxation, and balances mood.
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87. Jasmine and Sandalwood Blend

- **Composition:** Jasmine, Sandalwood
 - **Properties:** Calming, soothing, floral
 - **Health Benefits:** Reduces stress, enhances sleep, balances skin tone, and promotes relaxation.
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88. Cedarwood and Ginger Blend

- **Composition:** Cedarwood, Ginger
 - **Properties:** Grounding, warming, stimulating
 - **Health Benefits:** Reduces muscle tension, boosts energy, improves circulation, and soothes skin irritation.
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89. Ylang Ylang and Bergamot Blend

- **Composition:** Ylang Ylang, Bergamot
 - **Properties:** Uplifting, calming, relaxing
 - **Health Benefits:** Balances emotions, relieves anxiety, boosts mood, and enhances skin radiance.
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90. Rosemary and Juniper Berry Blend

- **Composition:** Rosemary, Juniper Berry
 - **Properties:** Refreshing, purifying, detoxifying
 - **Health Benefits:** Supports healthy digestion, detoxifies the body, relieves bloating, and stimulates circulation.
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91. Ginger and Lavender Blend

- **Composition:** Ginger, Lavender
 - **Properties:** Warming, calming, soothing
 - **Health Benefits:** Eases muscle pain, promotes relaxation, supports healthy digestion, and relieves anxiety.
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92. Basil and Clary Sage Blend

- **Composition:** Basil, Clary Sage
 - **Properties:** Uplifting, soothing, anti-inflammatory
 - **Health Benefits:** Reduces stress, alleviates muscle pain, balances hormones, and improves digestion.
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93. Clove and Orange Blend

- **Composition:** Clove, Orange
 - **Properties:** Warming, uplifting, antimicrobial
 - **Health Benefits:** Fights infections, stimulates circulation, boosts mood, and supports digestive health.
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94. Eucalyptus and Peppermint Blend

- **Composition:** Eucalyptus, Peppermint
 - **Properties:** Cooling, refreshing, decongestant
 - **Health Benefits:** Clears nasal congestion, relieves headaches, boosts mental clarity, and promotes healthy breathing.
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95. Geranium and Ylang Ylang Blend

- **Composition:** Geranium, Ylang Ylang
 - **Properties:** Balancing, calming, floral
 - **Health Benefits:** Relieves stress, promotes emotional stability, improves skin texture, and balances hormones.
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96. Grapefruit and Lemon Blend

- **Composition:** Grapefruit, Lemon
 - **Properties:** Refreshing, invigorating, detoxifying
 - **Health Benefits:** Boosts immunity, supports digestion, relieves stress, and detoxifies the body.
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97. Rose and Lavender Blend

- **Composition:** Rose, Lavender
 - **Properties:** Calming, soothing, balancing
 - **Health Benefits:** Enhances sleep, reduces stress, improves skin hydration, and balances mood.
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98. Juniper Berry and Patchouli Blend

- **Composition:** Juniper Berry, Patchouli
 - **Properties:** Detoxifying, grounding, refreshing
 - **Health Benefits:** Supports lymphatic drainage, detoxifies the skin, and promotes emotional stability.
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99. Carrot Seed and Sandalwood Blend

- **Composition:** Carrot Seed, Sandalwood
 - **Properties:** Rejuvenating, calming, anti-aging
 - **Health Benefits:** Promotes skin renewal, improves elasticity, reduces fine lines, and enhances relaxation.
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100. Lime and Bergamot Blend

- **Composition:** Lime, Bergamot
- **Properties:** Energizing, refreshing, uplifting
- **Health Benefits:** Boosts mood, improves skin radiance, enhances digestion, and supports a positive outlook.